
by S. G. Gabrielyan

Acu-Yoga is a system of exercises integrating the knowledge of two holistic systems: Acupuncture and yoga. It uses movements and postures that integrate the knowledge of two holistic systems: the energetic system of the body and the energy points. This system includes the manipulation of energy through electric current (electro-acupuncture) or through massage at key points (acupressure). It draws on the principles of dynamic systems theory, Chinese medicine, and kinesiology. Model of the Etheric Physiological Structure of the Body: A Common Theory of Oriental Medicine. The tantric systems envision it as a continually present, highly relevant and a system that relies on a similar model of the human body as an energetic system. Emerging paradigms in mind-body medicine. Model of the Etheric Physiological Structure of the Body: A Common Theory of Oriental Medicine. Chakras are the various focal points in the subtle body used in a variety of ancient meditation. They differ from the historic Chinese system of meridians in acupuncture. The tantric systems envision it as a continually present, highly relevant and a model of the human body as an energetic system. The acupuncture locations on the human body are reflective of the great theme, Music of the Spheres. Combined with knowledge of human physiology, music theory, and the power of the universe is in a complex rhythmic structural pattern of vibrational activity. The acupuncture locations on the human body are reflective of the great theme, Music of the Spheres.